

# Contents

## Editorial

- Letter From the Editors 3  
*Phil Mullins*

## Articles

- Why Randomized Trials Are Challenging Within Adventure Therapy  
Research: Lessons Learned in Norway 5  
*Leiv Einar Gabrielsen, Carina Ribe Fernee, Gunnar Oland Aasen,  
and Leif Torvald Eskedal*
- The Impact of Wilderness Therapy: Utilizing an Integrated Care Approach 15  
*Anita Tucker, Christine Lynn Norton, Steven M. DeMille, and Jessalyn Hobson*
- A Phenomenology of Outdoor Education Leader Experiences 31  
*Stephanie C. Field, Lara L. Lauzon, and John T. Meldrum*
- Community Development, Transitional Value, and Institutional  
Affinity: Outdoor Orientation Program Impacts 45  
*Ryan A. Howard, Timothy S. O'Connell, and Anna H. Lathrop*
- The Wilderness Expedition: An Effective Life Course Intervention to  
Improve Young People's Well-Being and Connectedness to Nature 59  
*Jo Barton, Rachel Bragg, Jules Pretty, Jo Roberts, and Carly Wood*
- Analyzing Reflections in Service Learning to Promote Personal  
Growth and Community Self-Efficacy 73  
*Martha J. Sanders, Tracy Van Oss, and Signian McGearry*
- Call for Editors**
- Call for Editors: *Journal of Experiential Education* 89