

Resilience and Opportunity in Outdoor Programming

Editors' Notes

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The 10th volume of the *Journal of Outdoor Recreation, Education, and Leadership (JOREL)* marks a year of transition. Dr. Bruce Martin has been selected as the next editor-in-chief, beginning with the first issue in 2019; we are confident in his leadership and vision for the journal. He is currently working with the editors and the staff at Sagamore–Venture in a transition phase during 2018 and will take over this role completely at the end of the year. We welcome Dr. Anja Whittington of Radford University as the journal's newest associate editor and look forward to her contributions. As we welcome the newest members of the editorial team, we want to express our gratitude to Dr. Raymond Poff, who served as managing editor from 2008 through 2017, and Dr. Eric Frauman, who served on the JOREL Advisory Board from 2008 through 2017. Both Dr. Poff and Dr. Frauman were a part of the original team that envisioned and nurtured the unique partnership between the three organizations that sponsor *JOREL*, and they provided invaluable leadership during the first 10 years of the journal's development. Dr. Poff will remain an active member of the JOREL Advisory Board. On behalf of the journal's advisors, editorial team, and others who have been involved with the journal since its inception, we thank you for your leadership that moved *JOREL* from concept to reality, doubling the number of issues published per year and impacting scholarship and practice in the diverse areas represented in its content.

In this second issue of 2018, we are pleased to present one Research Note; one manuscript in the category of Essays, Practices, and Commentaries; and four Regular Papers. First, Stone presents a Research Note focused on describing and establishing a link between social-psychological and biological explanations of self-efficacy theory. His work is unique in that it uses a hypothetical rock climbing program to show how a practitioner might enhance the four sources of self-efficacious beliefs. This work helps us to better understand and apply self-efficacy theory in an activity-specific setting, which may help practitioners improve program implementation and evaluation.

Second, Griffiths and Townsend provide a paper in the Essays, Practices, and Commentaries category that discusses the current literature on recreation-based camps for military children and provides useful recommendations for the future. They highlight the gap in the literature focused on recreation-based camps for children in military families.

Next, we present four manuscripts in the Regular Paper category. First, Hill, Posey, Gómez, and Shapiro examine the impact of participation in a university outdoor orientation program on

participants' transition to higher education, employing a mixed-methods approach to measure resilience and well-being. Their results highlight significant improvement in these two areas, as well as gains in readiness for college. These findings add to the growing body of knowledge focused on college and university outdoor orientation programs.

In the second Regular paper, Whittington and Aspelmeier investigate whether specific girls' programs promote positive change in the areas of resilience, peer relationships, and confidence. They found small yet significant changes in resilience for adolescent girls in all program settings. The results seem to indicate that the degree of difference appears to be influenced by the specific program type. As specific program models and components receive more attention from researchers, these results help us further our understanding of programming focused on adolescent girls.

In the third Regular Paper, Deringer and Wiggins apply a longitudinal design to investigate the lasting impacts of outdoor orientation programs. They found that students who participated in an outdoor orientation program were significantly more likely to graduate than students who attended the new student orientation. Moreover, students participating in the outdoor orientation program perceived lasting positive social impacts and a lasting impact on existential development. This study reinforces our intuitive understanding of the positive impacts of outdoor orientation programs over time, adding to the growing body of supporting research.

Finally, Gray, Norton, Breault-Hood, Christie, and Taylor present a unique and timely study focused on the use of social media, in particular the use of Instagram and Facebook to curate a public self. They explore the use of online presence by women in the outdoors and examine how social media is portraying those women. Their findings provide useful suggestions for us in this emerging and underexplored area focused on the intersection of social media and outdoor recreation.

The papers in this issue provide unique points of connection and also continue to highlight the diversity of scholarship within this field. We see great opportunity within these topics and issues for additional study including further replication of these research questions and methods with similar populations; exploring relationships between gender, identity, and specific program settings; using empirically supported outcomes to promote the value of outdoor programming in the collegiate environment; and the influence of social media on perceptions of and participation in outdoor recreation and education programs and leadership. There is more work to be done!

We continue to appreciate the contributions of all those involved with the submission and review process, editorial support, and advisory oversight of *JOREL*. We encourage you to consider serving as a reviewer or an associate editor and/or to consider authoring a manuscript. Please also encourage your academic institution to maintain a current subscription for its library.

Thank you for supporting this journal,

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